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# FLY OF THE MONTH

## J's HiTie Sally/ Triple Wing Caddis



**J's HiTie Sally** by Jesse Riding

Notes by Lucky Ketcham and Norb Spitzer, October 4, 2010

<http://www.theweeklyfly.com/>

This link may show a good video of the method of tying this triple wing stonefly pattern. (The link demonstrates a weekly fly. You may have to look in the archives.) The video also shows Jesse using a Thompson Whip finish tool. This fly is also my Triple Wing Caddis when tied in olive, tan or darker colors. The Hi Tie caddis with a dubbed body is also known as Mikulak Sedge with out the red tag.

I like double and triple wing caddis and stonefly patterns on larger hooks because the wing does not clump when wet and become distorted to one side as they do when you use a long single hair wing. I agree with Norb Spitzer that I would add two strands of pearl Krystal Flash to each side of the rear wing on a few of these. Jesse Riding is from North East Utah, so you know this is a pattern that will work on the Green River in June and July.

- Hook:** 1X Long Dry Fly Hook  
(Lucky likes 2X long 1X fine TMC 2312 hooks - size 16 or TMC 200R 3X long size 18. Size 14 is often too large a hook for the Yellow Sallies we encounter).
- Thread:** Yellow 6/0 & Red 6/0 for Egg cluster
- Body:** Rainy's Yellow 1/8" Evazote sheet foam
- Wing:** Natural Light (Bull) Elk hair
- Underwing:** Pearl Krystalflash - two or three on each side of wing (optional and added by Norb.)
- Hackle:** Brown Dry Fly Saddle, ( LK would make some with Ginger or Yellow Grizzly)



Lucky Ketcham

Places specifically used a lot: Rivers, streams, etc. Where there is a little yellow stonefly hatch or as a general attractor.

